

# Simple Ways To Teach Math for Free

## Counting

1. Games (eg, Hide-and-Seek)
2. Objects (fingers/toes, kisses/hugs, food, toys, rocks and nature finds)
3. Motions (steps, stairs, claps, jumps, stomps, swings at playground)

## Addition/subtraction

1. Meal prep - adding X number of ingredients
2. Serving and eating food
3. Volume of liquid in measuring cups
4. Keeping track of score, number of times doing activity
5. Ages of family members over time

## Multiplication/division

1. Skip count by 5s with hands and feet
2. Group small objects (rocks, leaves, toys) by 2s, 3s, 4s, etc
3. Distributing X number of items equally between people

## Fractions

1. Serving / dividing a whole amount of food (eg, pancake, pie) into smaller pieces
2. Adding volume from measuring spoons (eg,  $\frac{1}{4}$  tsp +  $\frac{1}{4}$  tsp =  $\frac{1}{2}$  tsp)