

# Simple Ways To Teach Math for Free

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## Count with...

1. Games (Hide-and-Seek, dominoes, dice)
2. Objects (fingers/toes, food, toys, rocks and other nature finds)
3. Motions (kisses, hugs, steps, stairs, claps, jumps, stomps, swings at playground)

## Add/subtract with...

1. Meals (add ingredients, pour liquids, subtract food bits or pieces eaten)
2. Game score, time on clock
3. Ages of family members

## Multiply/divide with...

4. Group small objects (rocks, leaves, toys, food) by 2s, 3s, 4s, etc
5. Hands & feet (skip count by 5s & 10s)
6. Distributing X number of items equally among people

## Do fractions with...

1. Cutting food (eg, pizza, sandwich, fruit, pie) into equal portions
2. Adding volume from measuring spoons (eg,  $\frac{1}{4}$  tsp +  $\frac{1}{4}$  tsp =  $\frac{1}{2}$  tsp)
3. Folding paper shapes into equal parts